


Rock Harbor Grill



**365 Rock Harbor Dr.
Winchester, VA 22602
Phone: 540-722-9678
rockharborgrill.com**

Carry Out Available

**Open to the Public
Seven Days a Week**

**Spring & Summer
Menu 2009**

Breakfast

Everyday 7 a.m. – 11 a.m.

Lunch

**Everyday 11 a.m. – 6 p.m.
(Open till 7 p.m. Friday & Sunday)**

**Saturday & Monday (Steak Night)*
5 p.m. – 9 p.m.**

***(call for reservations and other dinner Specials)**

The Starter Shack Breakfast Menu (Served until 11 a.m.)

*** Indicates foods that may be ordered undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.**

Eggs* (choice of toast)

1 Egg with Bacon.....	\$2.99
2 Eggs with Bacon.....	\$3.49
1 Egg with Sausage.....	\$2.99
2 Eggs with Sausage.....	\$3.49
1 Egg with Ham.....	\$2.99
2 Eggs with Ham.....	\$3.49
1 Egg with Country Ham.....	\$4.49
2 Eggs with Country Ham.....	\$4.75
1 Egg with chopped corned beef.....	\$5.00
2 Eggs with chopped corned beef.....	\$5.50
Breakfast Burrito (two eggs, sausage, green pepper, onion, cheddar & salsa).....	\$4.25
Cheese Omelet.....	\$3.49
Omelet (up to three items).....	\$3.75
Western Omelet (3-egg; cheese, ham, green pepper, onion, & tomato).....	\$4.49

Omelet fillings: ham, cheese, mushrooms, tomato, green pepper, onion, sausage or bacon

Sandwiches:

Egg sandwich.....	\$2.00
(add bacon, sausage, or cheese).....	\$1.00
(add ham).....	\$1.50
(add Country Ham).....	\$2.50
Bacon, Egg & Cheese.....	\$3.75
Ham, Egg & Cheese.....	\$3.75
Sausage, Egg & Cheese.....	\$3.75
Country Ham, Egg & Cheese.....	\$4.75

Biscuits & Gravy:

1 Biscuit & Sausage Gravy.....	\$1.85
2 Biscuits & Sausage Gravy.....	\$2.50

Side Orders:

Pancake (1).....	\$1.25
(make them strawberry \$.50)	
French Toast (1).....	\$1.50
Order of Toast.....	\$1.25
English Muffin.....	\$1.50
Sausage Gravy.....	.75
Home fries, sausage, or bacon.....	\$1.00

All you can eat Big Breakfast Special

Starts with 2 Pancakes with sausage gravy and home fries



Week Day Lunch Specials: (from 11 a.m.)

Monday: Grilled Chicken Caesar Wrap \$4.99

Tuesday: Steak Sandwich w/Pepper Jack
& Onions \$5.99

Wednesday: Monte Cristo Sandwich \$5.49

Thursday: Chicken Parmesan Sandwich \$4.99

Friday: Cheeseburger Sliders \$5.99



TEE IT UP! (APPETIZERS)

12 Wings/6 Wings

Spicy Breaded Boneless Chicken; Get 'em Buffalo, BBQ, Old Bay, Super Hot or Naked with choice of dipping sauces.

\$9.00/\$4.75

Boneless Wings: 1/2 Pound - 3/4 Pound

Spicy Breaded Boneless Chicken; Get 'em Buffalo, BBQ, Old Bay, Super Hot or Naked with choice of dipping sauces.

\$7.50/\$5.50

Mac & Cheese Wedges (5)

Yummy macaroni and cheese breaded and fried.

\$2.95

Cheese Nachos

Tortilla chips topped with melted cheddar. (Salsa & Sour Cream extra)

\$4.00

Beer Battered Mozzarella Sticks (5)

Served with your choice of dipping sauce.

\$4.50

Nachos Overload

Tortilla chips topped with chili, cheeses, tomatoes, onions, lettuce and jalapeño peppers and served with salsa, and sour cream.

\$6.99

Salsa and Chip Plate

Plate of tortilla chips surrounding a bowl of salsa.

\$2.25

5 Chicken Fritters/3 Chicken Fritters

Fritters fried to a golden brown and served with your choice of dipping sauce. Make it a "basket" with fries for only \$1.25 more).

\$7.25/\$4.25

Skins Game

Deep fried potato skins topped with melted cheddar or bacon & melted cheddar (Add Chili for only \$.95).

\$3.00

Breaded Butterfly Shrimp (6)

Shrimp breaded and fried. (Make it a "basket" with fries for only \$1.25 more).

\$6.75

ON THE TURN? (QUICK BITES)

Hot Dog

All Meat quarter pound hot dog. Add Sauerkraut \$.50.

\$3.50

Chili Dog

All Meat quarter pound hot dog topped with Claude's Coney Island Sauce. Add Sauerkraut \$.50.

\$4.25

Ready made sandwiches:

(Ham, Turkey, Chicken or Tuna Salad) Ask your server what's available.

\$3.99

Bag Lunch to Go:

(Ham, Turkey, Chicken or Tuna Salad sandwich with bag of chips, candy bar and a soft drink) Ask your server what's available.

\$7.29

On the Greens

Salad Plate **\$4.75**

Bed of lettuce with tomato, cucumber and onion slices with your choice of Chicken or Tuna, salad.

Taco Salad **\$6.95**

Classic! Lettuce, tomato, onions & black olives served with seasoned ground beef and topped with cheddar cheese; garnished with jalapeños.

Tossed Salad **\$4.25**

Bed of lettuce with tomato, cucumber and onion slices; choice of dressing.

Caesar Salad **\$4.25**

Bed of lettuce with tomato, cucumber and onion slices; choice of dressing.

Chef Salad **\$6.25**

Bed of lettuce with tomato, cucumber and onion slices with sliced ham & turkey with American and Provolone cheese.

Grilled Chicken Salad **\$6.45**

Marinated grilled chicken breast served on a tossed salad with lettuce, tomato, onion & cucumber.

Grilled Chicken Caesar Salad **\$5.75**

Marinated grilled chicken breast served on a Caesar salad (or make it a wrap!)

Grilled Salmon Salad **\$7.75**

Grilled Salmon fillet served on a tossed salad with lettuce, tomato, onion & cucumber; Served with a Orange Raspberry Ginger Vinaigrette dressing

Rock Cobb Salad **\$7.95**

Smoked Turkey, bacon, carrots, boiled eggs served on a tossed salad with lettuce, tomato, onion & topped with cheddar and pepper jack cheese; garnished with toasted almonds.

Sand wedges:

(“Sandwiches” are served with your choice of bread; White, Wheat, Rye, Kaiser Roll or Butter Croissant (.25) - Served with Lightly Salted or BBQ Chips and a dill pickle spear; make any sandwich a platter with Cole Slaw & Fries or Onion Rings for only \$1.50 more)

Philly Cheese Steak **\$6.24**

Topped with lettuce, tomato, fried onions, bell peppers, mushrooms and melted Provolone cheese.

Reuben **\$6.24**

Grilled corned beef topped with sauerkraut and melted Swiss cheese with 1,000 Island Dressing on grilled rye bread.

Grilled Hot Pastrami Sandwich **\$6.49**

Hot Pastrami & Swiss cheese served on grilled rye bread.

Hamburger* **\$5.99**

Hand patted 6 oz beef patty topped with lettuce, tomato, onion slices. (Add grilled onion or mushrooms .50)

Cheeseburger* **\$6.49**

Hand Patted 6 oz beef patty topped with lettuce, tomato, and onion and finished with your choice of American, Swiss, Provolone, or Pepper Jack cheese. (Add grilled onion or mushrooms .50)

(Sand wedges Cont.)

- Bacon Cheeseburger*** **\$6.99**
Hand patted 6 oz. beef patty topped with your choice of cheese; American, Cheddar, Provolone, Swiss, Pepper Jack or crumbled blue cheese; lettuce, tomato, onion finish off this yummy burger. (Add grilled onions or mushrooms .50)
- Crab cake Sandwich** **\$9.50**
Fresh homemade lump crab-meat sandwich topped with lettuce and tomato on a Kaiser roll. Tartar sauce on the side.
- Fish Filet** **\$5.99**
Beer Battered fish filet topped with lettuce and tomato served on a sub roll. Tartar sauce served on the side.
- Rocky Club** **\$6.99**
The Rock Harbor Grill's club sandwich with chicken salad, sliced ham, bacon slices, lettuce, tomato, provolone and American cheese; Your choice of white or wheat bread.
- Classic American Club** **\$6.99**
The Rock Harbor Grill's club sandwich with sliced Smoked turkey, ham, bacon slices, lettuce, tomato, provolone and American cheese; Your choice of white or wheat bread.
- The Boulder Club Sandwich** **\$7.79**
The Original Rocky Club, with Smoked Turkey added and served on a Sub-Roll. You got to ask yourself a question; Are you bold enough for the Boulder?
- BLT** **\$3.79**
Crisp bacon with lettuce and tomato on your choice of rye, wheat or white bread
- Pulled Pork Sandwich** **\$4.74**
Rock Harbor's own Memphis style pulled pork, with homemade coleslaw on the side.
- Chicken BBQ Sandwich** **\$4.74**
Rock Harbor's own shredded style BBQ chicken, with homemade coleslaw on the side.
- Grilled Chicken Sandwich** **\$5.99**
Marinated grilled chicken breast and topped with lettuce, tomato and sliced onion & your choice of cheese, served on a Kaiser roll.
- Grilled Chicken Melt Sandwich** **\$5.99**
Marinated grilled chicken breast topped with roasted tomatoes, peppers, onions and melted provolone cheese served on garlic herb French bread.
- Chicken or Tuna Salad Sandwich** **\$4.49**
Salads served with your choice of cheeses, lettuce & tomato on your choice of bread.
- Smoked Turkey or Ham Sandwich** **\$4.99**
Thinly sliced, served with cheese, lettuce, tomato and onion on your choice of bread.
- Hot Turkey, Bacon & Swiss or Ham & Cheese Sandwich** **\$5.24**
Thinly sliced, served with cheese on a Butter Croissant.
- Pastrami Sandwich** **\$6.49**
Thinly sliced, served with cheese, lettuce, tomato and onion on your choice of bread.
- Grilled Cheese** **\$2.99**
Choice of cheese grilled on your choice of rye, wheat or white bread.
- Grilled Cheese & Bowl of Chili** **\$6.29**
Grilled Cheese sandwich with a bowl of Claude's Colossal Chili!

Side Bets:

Fries	\$1.50	Cheese Fries	\$2.75
Chili-Cheese Fries	\$3.75	Onion Rings	\$2.75
(Homemade)			
Chili (onions & cheese extra)	\$3.50	Soup of the Day	\$3.50
Cole slaw	\$.75	Potato Salad	\$.95

Junior Players:

Classic Peanut Butter & Jelly **\$2.74**

Your preference of Strawberry or Grape Jelly on choice of rye, wheat or white bread; served with chips & pickle.

Small Bucket **\$4.00**

Two chicken fritters fried to a golden brown and served with fries.

Last Hole: (Dessert)

Cheese cake **\$3.99** **(add strawberry topping \$.50)**

Caramel Apple Pie **\$4.25** **(ala mode .75)**

Chocolate Loving Spoonful Cake **\$4.25**

Home Baked Brownie Sundae **\$2.99**

Chocolate Chimichanga **\$3.99**

Chocolate-Caramel Banana Turtle Dessert Pizza **\$3.99**

Vanilla Ice Cream (w/chocolate syrup) **\$2.25**

Steak Night Specials (Monday & Saturday):

Enjoy one of the Rock Harbor Grill's signature hand carved 12 oz. Ribeye * or New York Strip * Steaks; served with side vegetables, a house salad, rolls & butter for just **\$16.95!**

The Crab Cake dinner features two 4 oz. Homemade Crab Cakes, with side vegetables, a house salad, rolls & butter for only **\$15.95!**

(Other dinner specials starting at \$10.95)

Reservations aren't required, but are highly recommended!

We also carry an extensive selection of soft drinks, Imported and Domestic Beers and mixed drinks.