



Rock Harbor Golf Course

Mailing Address:

117 Limestone Lane
Winchester, VA 22602

Physical Address:

365 Rock Harbor Drive
Winchester, VA 22602

Phone: 540-722-7111

Toll Free: 866-273-1934

Fax: 540-722-1139

To subscribe or unsubscribe to this free newsletter send an e-mail to mistyautumn@comcast.net
Questions/Comments or Suggestions welcomed



Pictorial Diary



This picture was taken on June 7, 2014.
Can you guess what hole it is now?



SPRING

May 6—2 Person Aggregate Scoring
May 28— Memorial Day Scramble
May 30— Sand N Suds



Rock Harbor News

VOLUME 14 ISSUE 4

MAY 2018

Spring Has Sprung— Get Your Game Ready

It sure has been a long time coming, but spring weather is finally arriving. Here are a few tips to help you jumpstart your game for the 2018 season, according to *The Golf Channel's Kandi Comer*.

INSIDE THIS ISSUE:

Fresh From The Grill	2
Greens That Are Hard to Read	2
The Green	3
Pictorial Diary	4

Insert

Birthday's & Anniversaries	1
Before & After	2
Cole's Corner	3
Parting Shot	4

- 1. Check your equipment:** Do you need new grips? Are your shafts adequate for your swing speed? Are you playing with the right loft in your driver to maximize distance? Do you have the right set makeup to benefit your game (wedges, hybrids, fairway woods, etc.)? These are questions that you'll want to answer before going to work on your game.
- 2. Practice first with short swings then full swings:** Start with putting to establish rhythm and tempo. Chipping and pitching also require a lot of feel and tempo and therefore are another great place to start practicing. Think of these shots as a miniature full swing, which will allow you to make a smoother transition to a correct full swing. Once you move to the full swing, make sure your grip, posture and setup are correct. I like to think of these three areas as the engine that starts the golf swing. Without the grip, posture and setup being correct, it becomes almost impossible to swing the club correctly and to get consistent results.
- 3. Set realistic expectations for the course:** Remember that those first few rounds of the year will be a little rusty; therefore, do not get frustrated on the golf course when your scores are not where you would like them to be. While on the course, I suggest you take notes on what you think you need to practice so that when you return to the range you can work on the things that will improve your game most. Remember also to set aside some practice time for all aspects of your game. I like my students to spend about 25 percent of their time on the range and 75 percent of their time practicing short game (putting, chipping, pitching and bunker shots).
- 4. Get some help:** I would strongly suggest that everyone at least consider taking some lessons or attending a golf school or clinic to be certain that you are starting the year off with the correct fundamentals. This also will allow you to have more focused practice sessions given that you will know what you need to work on, and that will benefit your overall game.

Fresh From The Grill

Beau Rudiger,
RH Grill Manager:

Is it May yet???

We've had a glimpse of nice weather here and there in April so let's hope May brings it on. A few things that are up and coming in May. The return of the 9-Hole League on Thursday evening starts the 3rd of May and is accompanied by The Notorious Wing Night. Wing Night features .60 cent wings after 5:30pm with multiple choices of sauces including a few that aren't on the menu yet. We hope to see everyone out

on Thursday evenings, remember you don't have to play or be a member to enjoy the best wings in town.

Some of you may have noticed that we have been setting up a food and beverage location on Rock 7 or Boulder 11 on week-ends. We will continue to set up there until our permanent food trailer is ready to go, which will then replace the table and tent. We should have that out in mid-May. Also, the Beverage Cart is back running seven days a week, weather



permitting and we will be staying out later.

Let's go May and warm weather!!!!

Saturday Evening Dinner Hours 5-8:30 PM

The Green

Chris Dieter, Course Superintendent:

Anyone tired of talking about the weather?

So let's talk aerification. The first week of aerification on the Rock course went well. Monday April 9th started our aerification on the Boulder course with a slight deterrent as you can see by the picture of my cart. (picture right)

Once again the weather, snow accumulated enough to stop aerification for several hours. Along with some days of rain the weather stretched aerification out for almost the whole two weeks. We had some equipment/ operator problems which did some damage on Boulder 3 and 4 greens, but for the most part the operation ran well. The new extra large topdresser we purchased was a definite time saver.

With all trees blooming (picture below) I believe Spring has sprung.



Our bird houses are filling up. The Purple Martins have moved into the new houses. (picture right) The grass is starting to grow and I hope by the time you read this the greens have warmed up enough to heal the holes from aerification. Now we can just watch for butterflies, birdies, and eagles as the season and our golf games improve.

Keep your carts where they belong.

Greens That Are Hard To Read

Denny Perry:

In past newsletters I have written about the toughest pin positions on each nine. Now we want to look at the hardest to read greens: One on each nine.

Which ones do you think are the hardest to read? Let me know what you think. Next month's newsletter we will post the number one hardest.

