



**Rock Harbor Golf Course**

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## Word Scramble

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We're on Facebook,  
Twitter and Instagram

We're on the web  
[Rockharborgolf.com](http://Rockharborgolf.com)

## Up Coming Events at Rock Harbor

October 1: "Boo" Kees Memorial  
Tournament

October 16: End of Season Member  
Scramble

October 19: Turkeys for Sharing

October 26: Members Halloween Party



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# Rock Harbor News

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OCTOBER 2022

## Curt's Corner

Curt Corey,

Pro & General Manager:

**SHAKE, RATTLE & ROLL!** That's what's been happening at the clubhouse. Our new roof has been installed. Be sure to take a look!

The month of September was a busy one with several outings. Congratulations to all the members who played in and won in the tournaments listed below.

Member Labor Day Tournament

The 2-Person Chapman Tournament

Rock Harbor Ladies Invitational

The Harbor Cup 3-Day Tournament

Make sure you get signed up for our last member tournament of the season: **The Rock Harbor End of Season Scramble**. This will be played on **Sunday, October 16**.

Talk about a "Git 'Er Done" kind of guy, that would be Mike Mastropietro, the Rock Harbor Outside Cart & Driving Range Supervisor. Not only does he perform all of the duties that match his title, he does whatever is needed to keep our club running smoothly. All that with a great attitude and polite disposition! He is a true asset to our club. Thank you, **Mike Mastropietro**, your work is noticed and appreciated!





## Fresh From The Grill

Beau Rudiger,  
RH Grill Manager:

September flew by!! We are starting October, or at least the last week of September, with great weather! We have a few end of the year luncheons coming up this month. The **TUESDAY SENIOR LEAGUE, END OF YEAR MEMBER SCRAMBLE, TUESDAY EVENING LADIES LEAGUE**, and the end of Thursday Night Wing Night. Wing night will move to Friday Evening with pizza added

in, not sure of the transition date yet. If any members want to set up a Christmas party for their company or group, I'm taking reservations for Holiday parties.

I also want to talk about members closing out their bill when you're leaving, either to play golf or exit the property. It's your responsibility to close out your tab. I don't have time to look at charges you could have easily seen or taken care of the day it occurred. That's your



responsibility. Most of the errors would not happen if you closed out your bill at the time you were here. Also, we may just start asking for ID at the Caddy Shack and Beverage cart due to members giving wrong numbers and names at the time of charging their account.

So, please be responsible and carefully look at your bill when you are here and properly close it. Thanks.

## Golf Tip of the Month: Weight Shift in the Golf Swing

Curt Corey: General Manager & Pro

The hands and arms may swing the golf club, but the feet, hips and legs form the foundation. Without a fluid and properly timed lower body action, it's all but impossible to groove a consistent and powerful swing.

- **Address:** Equal weight on both feet, balanced between heels and balls of the feet
- **Take Away:** During the initial 12" of the swing, weight should begin shifting onto the right instep.
- **To the Top:** Continuing the backswing, additional weight should transfer to the right foot. The right knee remains flexed as the hip rotates. Keeping the knee flex is VERY important.
- **Top of the Backswing:** Approximately 60-70% of your weight should now be on the center of your right foot. The right instep should remain planted; if the knee bows outward and the instep lifts, weight has gone to the outside of your right foot. This should NOT happen.
- **Starting Down:** Pressing the left heel into the ground begins the downswing sequence and pulls weight from the right side to the left.
- **Downswing toward Impact:** As the hips rotate left and toward the target, additional weight piles onto the center of the left foot.
- **At Impact:** Weight is once again evenly distributed. The right heel may be just off the ground as the hips continue turning.
- **Follow-through:** A majority of weight has now shifted to the left foot as the right heel lifts farther.
- **Finish:** Only a small percentage of your weight is now on the right foot; the heel is completely off the ground. You should be balanced on the middle of the left foot.
- **Tempo:** Keep in mind to remain fluid. There should be no jumps or jerks in your swing. Acceleration is key.

\* Reverse is implied for left-handed players.

## The Green

Chris Dieter, Course Superintendent:

Well it looks like Fall may actually be on its way. The Maple trees are starting to show some color, the Cherry and Walnut trees are dropping leaves quickly. My favorite tree to watch turn color at *Rock Harbor* is the Sugar Maple on the left side of #9 Rock, pictured right.

As the Fall weather marches in we will be over seeding several fairways.



First, we use a hay rake to scratch the fairway making openings for the seed to hit the soil.

Then, a tractor with a seeder on it follows seeding the fairway. We will be seeding some thin areas in the rough as well.



Drew scratching Rock #4 Fairway pictured above

I hope everyone survived our tall fairways and rough after our rainy spell in the middle of September. It was a tough time trying to balance mowers not tearing things up during a very wet week and doing everything we could to get the fairways and rough back to playable heights. At times I thought we could start selling Hay.



Josh seeding Rock #5 Fairway pictured above



Cutting Hay pictured above

Feel free to stop me for questions, comments, and criticisms!

On a more sour note, we had a divot taken out of the cup that was in play on Boulder #9. Not quite sure why it wasn't reported by other golfers.



Divot pictured right