

Mailing Address:
 117 Limestone Lane
 Winchester, VA 22602
 Physical Address:
 365 Rock Harbor Drive
 Winchester, VA 22602
 Phone: 540-722-7111
 Toll Free: 866-273-1934
 Fax: 540-722-1139



Happy new year!



From Ours to Yours!!!

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 therock@rockharborgolf.com

Rock Harbor News

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Our frozen bell.
 pc: Chris Dieter

Curt's Corner

Curt Corey,
 General Manager & Pro:

New Year, New Beginnings!

Time to leave 2022 behind and look forward to all that 2023 has to offer!

This is just the year to commit to bettering your game. What will that take? New fitted clubs, new grips, scheduled lessons, more practice, more play? Maybe all of the above?

I am here to help you navigate the game of golf. Don't hesitate to call me. We can set up a time to take a look at all of the aspects and find just the right combination for you. One size does NOT fit all in this game. Allow me the opportunity to make your golf game more enjoyable. This is exactly why I am here!

Bring it on, 2023! **This is the year!**

Golf Tip of the Month:

- 1) **Pick a target and switch your target**
 It is amazing to me how many people aim at the 150 yard white stake in the center of the golf driving range as their target for 90% of their shots. When you are out there on the course, chances are you are not in the center of the fairway and looking at a pin in the center of the green! When you are at the range, make sure you pick out numerous targets located on the left, right and center of the range. You do not need to always be targeting a pin flag or large stake either. Pick out a tree in the distance and focus your efforts on hitting your shots at that tree. If you really need help with your alignment, you should get some alignment sticks to help you focus on specific targets.
- 2) **Only focus on one aspect of your game**
 Before you start banging balls into the range, determine your range session focus for the day. For instance, if you are working on driving, hit hybrids and 3 woods, not just your driver. Although everyone wants to hit the driver off every tee, some holes are not meant for a driver on the tee shot. Most people will start by just bringing out their driver and aimlessly start hitting balls into the range. Use multiple clubs and build up to hitting the driver to accomplish your driving goals.
- 3) **Warm up with a wedge**
 No matter what your range focus is for the day, you should always warm up at the

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Fresh From The Grill

Beau Rudiger,
RH Grill Manager:

Happy New Year!!!

Let's hope it is! We have January and February to contend with on the weather side. Hopefully that cold snap that just went through, does not come back. We will start getting back to normal with Pizza and Wings starting January 1st (unless my one oven is still waiting on parts for a repair) and will

implement Friday Night Pizza and Wings on January 6th.

We are still having supply issues, and the 90-day-forecast expectations are to worsen as we get into 2023. I'm not sure how they can get any worse than they are now, but I guess we will see. Also, we will be tweaking the menu for the spring, so you may notice a few items going away and a

few new items. Let's get through the new two months without too much snow and get into some golf weather!



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range by hitting a few wedge shots first. Next time you are going to a golf driving range, make sure you hit at least 5 wedge shots with a pitching wedge or sand wedge before you get deep into your range session. Since wedges are the easiest clubs in the bag to hit, a few simple wedge shots will help you build momentum for your swing and ideally will build confidence in your swing when you need to start working on those hardest shots in golf.

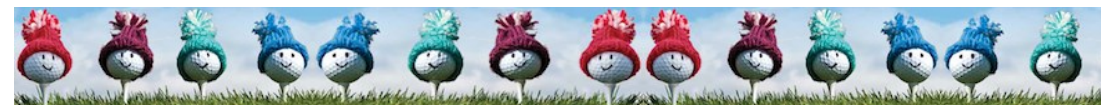
4) Create and practice a swing routine

Do you have a golf swing routine? Creating a swing routine is all personal preference, but developing a swing routine for the golf course helps you create tempo and muscle memory to hit good shots. My personal routine is always taking 1 practice swing, backing up from the ball and then tapping my left foot before pulling the trigger for my swing. When going to a golf driving range you are often hitting between 50-100 balls. If you do not have a routine, create one during your next range session and mentally focus on doing the same routine for every shot on the range. Creating and practicing a routine is not fun, but it can pay major dividends on the course.

◇ If you are looking for a bonus tip while at the driving range, **Stretch!** Making sure you stretch before your practice session starts (and maybe even after the session) will help you be prepared for a better range session. If you need help with your swing my door is always open.

There's an old saying, "Practice makes Perfect," but always remember, "Practice makes Permanent." Always Practice with a Purpose.

The Green



Chris Dieter,
Course Superintendent:

Happy New Year everyone! Now, let's make sure we have our New Year's Resolutions straight:

- * fix all our divots
- * repair more ball marks
- * keep all four wheels on the path at tees and greens
- * lose less golf balls

What a wintery time we had through the holidays. Ice and snowstorms just before Christmas, plus heavy winds? We became quite busy with cleaning up the course of all the



Pictured above: Joe, sweeping water and ice off Rock 17 green.

debris. This has been one of the longest periods we have had with the courses closed. Joe and I were out sweeping water off the greens in the afternoons so that it



Pictured above: Chris sweeping water and ice off rock 17 green.

wouldn't refreeze overnight.

The ground is so frozen that the melted snow will not absorb into the ground it only puddles. Ice on the greens for an extended period of time can cause turf loss, so we do what we can to remove it.

Pictured below: Joe sweeping water, with Cali as overseer.



I believe Mr. Perry needs to open a hockey rink with as many golfers as we have waiting to play our frozen golf course. Our maintenance crew wishes all of you the best in the New Year.

May all your drives land in the fairway.

Pictured left: Ice on Boulder 16.
Pictured right: Ice damage.

